



The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE

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Over three-day period, 32 new cases and two deaths related to COVID-19 reported, 29 communities identified with high COVID-19 transmission

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 32 new COVID-19 cases for the Navajo Nation and two recent deaths over a three-day period from October 15 - 17. The total number of deaths is now 1,927. 605,445 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 75,231.

Based on cases from September 30 – October 13, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 29 communities due to high transmission of COVID-19:

Baca/Prewitt	Ganado	Many Farms	Rock Point	Thoreau
Black Mesa	Houck	Nageezi	Shiprock	Tonalea
Chichiltah	Indian Wells	Naschitti	St Michaels	Tuba City
Chinle	Kaibeto	Newcomb	Tachee/Blue Gap	Twin Lakes
Churchrock	Lukachukai	Pinon	Teecnospos	Upper Fruitland
Coyote Canyon	Manuelito	Red Lake	Teesto	

“Thank you for remaining cautious of COVID-19 and Monkeypox. Continue to follow and advise the three w’s to your relatives and friends, such as wearing a fitted mask, washing your hands, and watching your distance from others. Most importantly, get up to date on your vaccines. If you are feeling ill, please get tested, and get necessary treatment if needed. Together, we can prevent the transmission of COVID-19 in our communities,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our thoughts are with those who are currently fighting COVID-19 and we pray for a speedy and full recovery. Please continue to be safe while traveling and attending large gatherings. Be safe and please say a prayer each day for healing and recovery,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | **PRESIDENT** MYRON LIZER | **VICE PRESIDENT**

October 17, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 100 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing high transmission of COVID-19 advisory for the following communities. The cases reflect dates September 30 – October 13, 2022. The advisory will be in effect until the high transmission and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Ganado	Many Farms	Rock Point	Thoreau
Black Mesa	Houck	Nageezi	Shiprock	Tonalea
Chichiltah	Indian Wells	Naschitti	St Michaels	Tuba City
Chinle	Kaibeto	Newcomb	Tachee/Blue Gap	Twin Lakes
Churchrock	Lukachukai	Pinon	Tecnospos	Upper Fruitland
Coyote Canyon	Manuelito	Red Lake	Teesto	

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness
<ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.

- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.